



chances for children

## About Our Work

We work with parents and their very young children to address trauma, nurture family relationships, and build resilience. Through our extensive network of community partners, we reach families in need and provide both parent-child therapy and group services for families.



## How We Help

We nurture the parent's sensitivity and their understanding of their child's unique social-emotional and developmental needs. Sometimes in these relationships, repairing the effects of trauma on the developing child and the relationship is also necessary.

## Who We Serve:

We work with pregnant mothers and parents or caregivers and their children from birth to age five.

**50%**  
are currently  
experiencing  
depression

**76%**  
of the families we  
serve are Latino

**80%**  
have experienced  
domestic violence  
and/or trauma

Nearly  
**100%**  
live in poverty

Our services are provided in **English** and **Spanish** and are provided free of charge to families.

\*Note: All data is from Chances for Children's 2022 Evaluation Report.

*Strong healthy relationships can interrupt the intergenerational transmission of trauma, violence, and despair.*

# Last Year Our Team

- \* Worked with 169 families experiencing poverty in the Bronx
- \* Provided 20 of these families with multiple services
- \* Held 2,050 sessions with parents and their babies
- \* Worked with 25 families who have experienced severe trauma

## Our Impact

We nurture healthy and positive parent-child relationships. Through our therapy:

- Parents become more reflective about their parenting
- The interaction between the parent and child improves
- The parent's use of language with their child improves
- Both parent and child have increased positive affect

*The two things research has shown to be critical for positive mental health across a lifespan are positive attachment and healthy early relationships.*

## Your Role

Your gift can help foster strong and resilient parent-child relationships for families experiencing poverty in the Bronx.



To make a gift or for more information please contact Lillian Rountree at [lrountree@chancesforchildren-ny.org](mailto:lrountree@chancesforchildren-ny.org) or 347-453-7976